

ME  
TO  
WE



NOT YOUR TYPICAL SUMMER CAMP



# TAKE ACTION CAMP



[METOWE.COM/CAMP](https://www.metowe.com/camp)



## THE TAKE ACTION CAMP EXPERIENCE

**Take Action Camp is a week-long, social justice themed summer camp that will give you the skills, confidence and peer support to improve not only yourself, but your world. At camp, you will:**

- ▶ Learn about pressing social issues—both domestic and international
- ▶ Develop leadership and public-speaking skills, led by expert facilitators
- ▶ Build friendships with like-minded peers
- ▶ Gain hands-on experience volunteering for local causes



Take Action Camp was amazing. It was incredible to be with people who were so like-minded, so talented and who had so many amazing ideas.”

— Jack Vanden Broek, Take Action Camp participant

## FREQUENTLY ASKED QUESTIONS

### **How old do I have to be to go to camp? Will I be with my own age group?**

Take Action Camp is great for ages 9-18. Campers are divided into age groups and will room with and spend most of their time with their group, as well as taking part in camp-wide activities.

### **Where is Take Action Camp located?**

Our Ontario camp is located at the Me to We Leadership Centre in Bethany, Ontario (near Peterborough), which is approximately one and a half hours outside of Toronto.

### **How do I get to Take Action Camp?**

We provide driving directions to the Me to We Leadership Centre. We also offer a round-trip bus service for an additional \$30, departing from Toronto Pearson International Airport, Toronto Union Station, Toronto Coach Terminal and the Me to We store.

### **When does Take Action Camp take place?**

Camp runs every week in July and August. For exact dates, check out our website!

# A TYPICAL DAY AT CAMP

## ▶ 7:30 A.M.

Wake up!

## ▶ 8:00 - 9:00 A.M.

Eat breakfast.

## ▶ 9:00 A.M. - 12:00 P.M.

Delve into social issues. Build leadership skills alongside like-minded peers.

## ▶ 12:00 P.M. - 1:00 P.M.

Lunch with your new friends!

## ▶ 1:00 P.M. - 2:00 P.M.

Choose an activity, from gardening, to board games, to basketball.

## ▶ 2:00 P.M. - 4:00 P.M.

Fun active challenge with the entire camp.

## ▶ 4:00 P.M. - 5:30 P.M.

Public-speaking and action-planning activities.

## ▶ 5:30 P.M. - 6:30 P.M.

Theme dinner with a special guest!

## ▶ 6:30 P.M. - 9:30 P.M.

Campfire! Reconnect with fellow campers and reflect on your day.

## ▶ 9:30 P.M. - 10:30 P.M.

Lights out!

Take part in theme days throughout the week, including:

### TAKE ACTION DAY:

Volunteer for a local project and earn volunteer hours.

### GLOBAL DAY:

Explore social issues that impact places around the world.

### ACTION PLANNING DAY:

Create a plan of action to bring positive change to your local community.

# LEADERSHIP STREAMS

Offered to experienced campers who are 14+, our Leadership Streams explore social justice issues in innovative and creative ways. Through hands-on workshops and talks led by industry professionals, campers will develop skills to create change on issues they care about. Streams run in conjunction with regular Take Action Camp programming during designated weeks.



### SOCIAL MOVEMENTS THROUGH MEDIA:

Explore the role of media in impacting social movements. Develop media literacy skills.



### ARTS AND ACTIVISM:

Explore the role of art in influencing social movements.



### SOCIAL INNOVATION FOR CHANGE:

Develop skills in creative thinking, idea generation and collaboration.



### SPORTS AND LEADERSHIP:

Learn how sports can be used for teambuilding and how the development of sports mirrors social movements.

# LEADERS IN TRAINING PROGRAM

The Leaders in Training is a two week program designed for campers who want to enhance their advanced leadership and social justice skills. LITs will be coached on group dynamics, working in teams and activity design, and will have the opportunity to take on responsibilities of leading large and small groups.

Learn more at [metowe.com/returning-camper-programs](https://metowe.com/returning-camper-programs)



## COSTS & DISCOUNTS

Each camp week is \$900 plus tax, which includes all accommodations, homemade meals, activities and day trips. Prices do not include travel medical insurance, spending money at the Me to We store and transportation to and from camp.

**ASK ABOUT OUR MULTI-WEEK AND SIBLING DISCOUNTS!**

## TAKE ACTION CAMP IN ARIZONA!

We also run Take Action Camp in Arizona at the Windsong Peace and Leadership Center, an environmentally sustainable ranch located an hour and a half outside Tucson. Come visit us!



Learn more at [metowe.com/camp/arizona](https://metowe.com/camp/arizona)

“ Take Action Camp gave Sydney a way to communicate and empower other people—it’s neat to see the energy and passion of our youth blossom.”

— Chris Brouillard-Coyle, parent

## WHAT ARE YOU WAITING FOR? BOOK NOW!

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If you have any questions or wish to speak with a member of our team, please feel free to call or email us anytime.